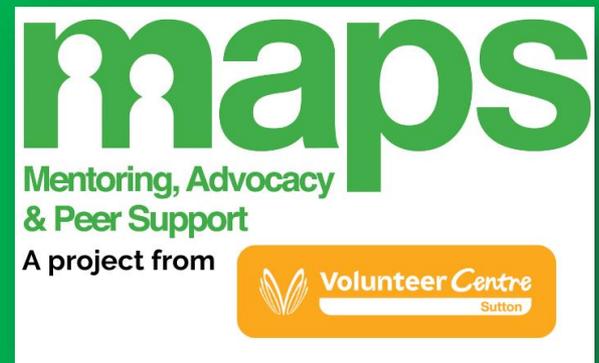


MAPS provides mentoring  
and advocacy support to  
vulnerable children and  
young people in the  
London Borough of Sutton



This year MAPS  
has supported

**247 children and  
young people**

# Since Covid-19, this support has been needed more than ever

**NSPCC warns of lockdown's toll on children's mental health (Guardian)**

**Vulnerable children who require urgent support will "slip out of view" because of the impact of coronavirus, England's children's commissioner has warned. (BBC News)**

**Children regressing and struggling mentally in lockdown, says Ofsted (Guardian)**

**Doctors fear new child mental health crisis in UK, made worse by Covid (Guardian)**

All our mentors have continued to support their mentees, and during lockdown have often been the only person our mentees saw outside the home. This year we supported **93 young people** with 1:1 weekly mentoring sessions.

We have also provided independent advocacy support for **154** young people since June 2020



"Thanks so much, this is very powerful. I am proposing on this occasion to begin with the child's views and worries, as I find them so compelling." Child Protection Chair

## Of our current mentees:

**54%** have a parent with **mental health** issues

**54%** have a parent with **substance or alcohol abuse**

**56%** have family **domestic violence** experience

**26%** have **substance or alcohol misuse**

**34%** have **self-harmed**

**29%** are **young carers**

**23%** have had **sexual exploitation**

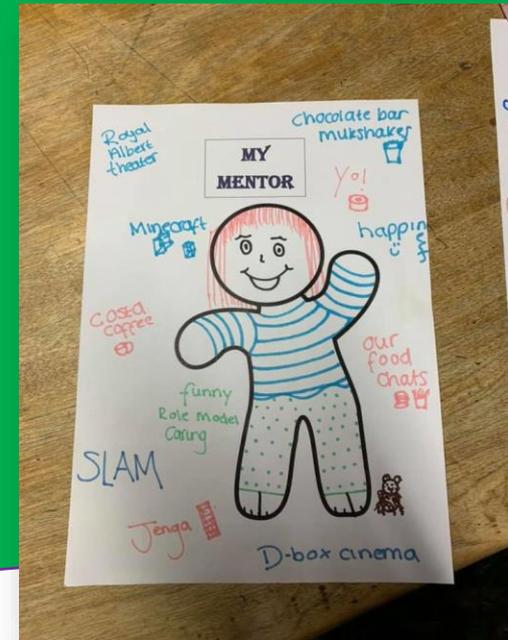
**22%** are likely to become **NEET** (Not in employment, education or training)

Mentoring provides our mentees with space for them to reflect, aid **problem-solving**, feel **empowered** and build **confidence** and **resilience**.

I was happy that I could talk and always be myself around you.

Mentoring has helped me express myself better. I used to get moody if something didn't go my way now I don't. I am a better person at home and school and I haven't been excluded since the summer.

“She feels safe and able to speak about how she feels, mentoring is a positive relationship which is good for her she has enjoyed building a rapport with her mentor” **a school**



"The whole family has seen a positive change. He is more able to talk about his feelings and is beginning to control his anger in an appropriate way. His relationship with everyone in the family has improved dramatically" **A mentee's parent**



# Covid-19 didn't stop us from having some FUN!



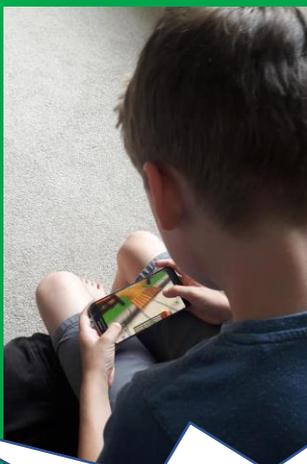
Adventure golf



Picnics



Virtual bingo



Virtual Minecraft Party



Cuddles with our office dog



Arts & Crafts in the park

1:1 mentoring sessions & our organised group activities

With **record numbers of referrals**, it's been vital to keep recruiting and training new volunteer mentors.

This year we've delivered **4** rounds of virtual training & recruited **71** new mentors.

We currently have **93 mentors**.

# 5,580 mentoring hours 2020-2021

And we continue to be amazed at the dedication and commitment of our volunteer mentors...

Mentoring has helped me gain confidence and self belief. It is a highlight of my week.

A lot of good, nice moments and satisfactions and the unique gift of listening to a person problems, dreams, struggles from a position where you don't need to reprimand or propose or educate, just being there for them is enough

A huge **THANK YOU**  
to all our volunteer  
mentors and advocates

