

MAPS Mentoring



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Mentoring gave her time with a trusted adult that isn't linked to school or home to understand her ADHD diagnosis, improve mental health and confidence, build independence, and develop skills to manage friendships and challenges.

Parent of Mentee

26,640

Hours of
volunteer support

222

Young people
mentored weekly

81%

Improved mental
health & wellbeing

82%

Improved
resilience &
determination

89%

Improved
relationships
and leadership

MAPS Mentoring continues to provide vital early intervention and targeted support for children and young people facing significant challenges across Sutton. Through trusted mentoring relationships and the Elevate Peer Support for Mental Health pathway, the programme supports young people experiencing poor mental health, school avoidance, domestic abuse, social isolation, low confidence and other complex vulnerabilities. Working closely with schools, families, and partner agencies, MAPS helps young people build resilience, improve emotional wellbeing, increase engagement in education and develop positive coping strategies. The programme provides safe, consistent and personalised support, empowering disadvantaged young people to overcome barriers, strengthen confidence, and achieve more positive outcomes for their future.

