

maps MAPS Mentoring

Mentoring, Advocacy & Peer Support

MAPS Mentoring is an award-winning programme supporting children and young people to achieve their full potential through the support of a one-to-one volunteer adult role model.

155 children and young people supported through weekly one-to-one Mentoring which equates to **14,880** hours



2023-2024 Cohort:

- 56% had a parent with **mental health** issues
- 25% had a parent with **substance/alcohol misuse**
- 26% had a family member with a **disability**
- 8% of the young people have a **substance/alcohol misuse**
- 34% of the young people have **self-harmed**
- 40% of the young people have experienced **domestic abuse**
- 30% of the young people are **young carers**
- 43% of the young people have a **disability**



after Mentoring:

- Improved emotional literacy **79.5%**
- Improved relationships **76.5%**
- Less risky behaviours/better decision-making **81.1%**
- Increased adaptability to change **70.8%**
- More able to communicate **73.7%**
- Increased confidence and self-worth **74.4%**
- More resilient and determined **83.3%**
- Increased engagement with EET (Education, Employment, Training) **76.7%**

NEW OUTCOMES FRAMEWORK 2.0



90% of our young people who self-harm saw a reduction in their self-harm

81% of our young people with anti-social behaviour saw a reduction

95.8% of young people likely to become NEET* did not become NEET*

95.8% of young people showed growth or maintained levels against... (Resilience and Determination)

"I take responsibility for my own life"

90.3% of young people showed growth or maintained levels against... (Managing Feelings)

"I am able to understand my own emotions"

"I like spending time with my mentor. She helps me with my English and she makes me happy." Ukrainian young person supported through MAPS Mentoring



"I was nervous, but after the first circuit I thought I've got a handle on this now and then loved it."

Young person supported through MAPS Mentoring

