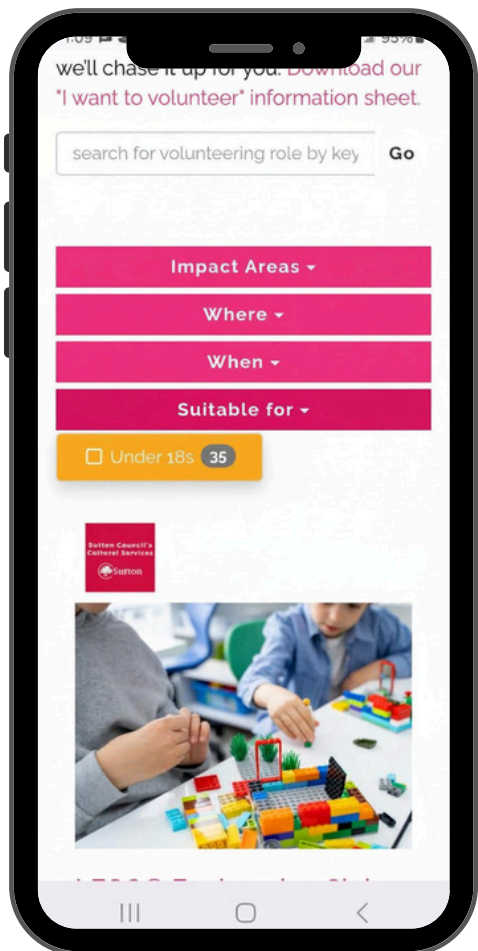


How Can Volunteer Centre Sutton Help You to Volunteer?

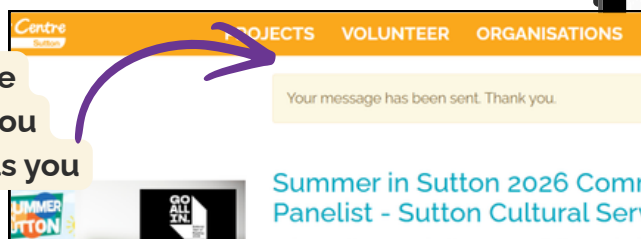
Finding volunteering opportunities if you are under 18

If you are under 18, the easiest way to find volunteering opportunities is to look on our Volunteer Hub. You can filter your search in various ways, including roles open to under 18s.



1. Go to www.vcsutton.org.uk/volunteer-roles-hub/
2. Filter by "Suitable for Under 18s"
3. This will show you all the roles open to people under 18.
4. Read the role description to check what age range the role is open to (16+, 15+, 14+, 13+ 12+, 11+)
5. Check the details carefully, including the time commitment — for example, whether you are able to volunteer after school or college, in the evenings, or at weekends.
6. Fill in the short form at the bottom of the page and tell the organisation why you're interested. **PLEASE INCLUDE YOUR AGE.**

TIP: When you click on the SEND MESSAGE button, you should see this which tells you we have received it.

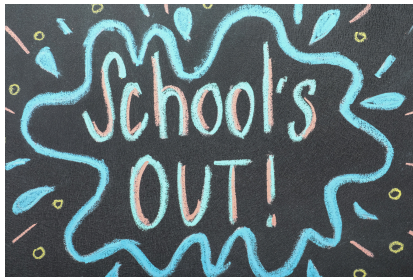


7. We'll check your form and send it to the organisation within 3 working days.
8. The organisation will usually contact you (by phone or by email) within 10 working days to explain what happens next. This might include an interview, references, or a DBS check.

Volunteering at a time that suits you

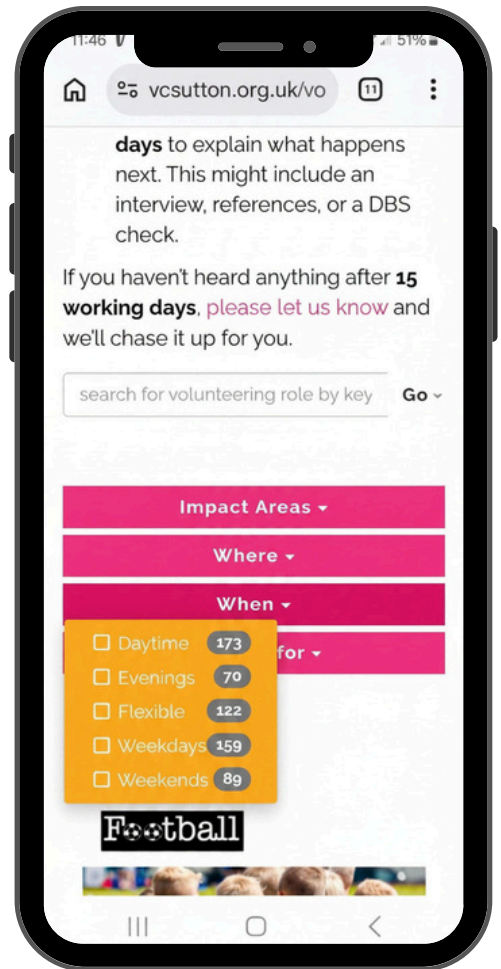
If you are only available to volunteer after school, in the evening or at weekends, here are some more tips:

Use the search filters on our Volunteer Hub



Could you volunteer during half term and school holidays? Many organisations are really flexible about when you volunteer. Use the "flexible" filter.

If you're under 18, some places may let you volunteer if a parent or guardian volunteers with you. This is often the case for weekend events such as summer fairs, Park Runs or fundraising events.



Examples of opportunities for under 18s

From 11
(secondary school only)



From 13



Donation sorting

Working with horses

From 14



Working with horses



Sutton Nature Conservation Volunteers (SNCV)

From 16



Cycling Session Support

EcoFair Volunteer (needs parental consent)

Junior Park Run Core Team



Working with old people



Girl Guiding Helpers

Charity shops: St Raphael's Your Local Hospice



Last updated: May 2026