Volunteer Centre Sutton

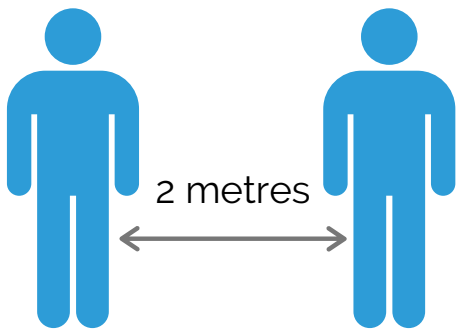# Keeping yourself and others safe while volunteering

Please make sure you are following these steps to prevent the spread of Coronavirus

If you feel unwell, do not volunteer

Wash your hands regularly (20 seconds) especially before and after you deliver any items to a person in isolation

2 metres

Keep 2 metres apart from other people

Be careful about how you share personal information about yourself and other people

LOCAL STORE

Try to support people who live close to you to avoid travelling long distances

NHS

Follow latest NHS advice: https://www.nhs.uk/conditions/coronavirus-covid-19/