

## Volunteering Rainbow

	Violet	Blue	Green	Yellow	Amber	Red
<b>Type of Volunteering</b>	Informal – <i>‘Unpaid voluntary work carried out without an organisation’</i>	Community Action Volunteering	Events	<ul style="list-style-type: none"> <li>• Skill-based volunteering activities</li> <li>• Retail</li> <li>• Co-trainers</li> </ul>	Supervised activities with people we support	<ul style="list-style-type: none"> <li>• Lone Working</li> <li>• 1:1 Volunteering</li> <li>• Volunteering with children</li> <li>• Regulated activities*</li> </ul>
<b>Teams Involved</b>	No involvement – organically formed in the community	Yes <ul style="list-style-type: none"> <li>• Local Teams</li> <li>• Volunteer Team</li> <li>• Corporate Contact</li> </ul>	Yes <ul style="list-style-type: none"> <li>• Local Teams</li> <li>• Volunteer Team</li> </ul>	Yes <ul style="list-style-type: none"> <li>• Local Teams</li> <li>• Volunteer Team</li> </ul>	Yes <ul style="list-style-type: none"> <li>• Local Teams</li> <li>• Volunteer Team</li> </ul>	Yes <ul style="list-style-type: none"> <li>• Local Teams</li> <li>• Volunteer Team</li> </ul>
<b>Example of Roles</b>	<ul style="list-style-type: none"> <li>• ‘Helping a Neighbour’</li> <li>• Helping someone with their shopping</li> <li>• Most people doing the role wouldn’t call it volunteering</li> </ul>	<ul style="list-style-type: none"> <li>• Garden Makeover</li> <li>• Decorating</li> <li>• Retail day</li> </ul>	<ul style="list-style-type: none"> <li>• Fundraising and one-off events.</li> <li>• Marathon Cheerers Supporters</li> <li>• Local fundraising events</li> </ul>	<ul style="list-style-type: none"> <li>• Retail</li> <li>• Admin/ IT</li> <li>• DIY/ Hand-person</li> <li>• Gardening</li> <li>• Supporting Mencap training sessions</li> </ul>	<ul style="list-style-type: none"> <li>• MVS Befriending</li> <li>• Supporting Job Clubs</li> <li>• Supporting group activities</li> </ul>	<ul style="list-style-type: none"> <li>• Lone working/ supporting people in the community</li> <li>• Supporting learners in a classroom setting</li> <li>• Befriending</li> <li>• Retail Key Holders</li> </ul>
<b>Application Process</b>	No	Turn Up and Go application form	Turn Up and Go application form	Yellow role application form	Amber role application form	Red role Application form
<b>References</b>	No	No	No	2 References or A ‘try it out’ period	2 References or A ‘try it out’ period	2 References
<b>DBS or NI checks needed?</b>	No	No	No	No	No	<ul style="list-style-type: none"> <li>• Enhanced DBS</li> <li>• Basis DBS for Retail?</li> <li>• NI Checks (Northern Ireland)</li> </ul>
<b>Induction Training</b>	No	Briefing on the day	Briefing on the day	Guided conversations around Volunteer Induction, GDPR and safeguarding	Guided conversations around Volunteer Induction, GDPR and safeguarding	Guided conversations around Volunteer Induction, GDPR and safeguarding
<b>Support and Further Training</b>	No	<ul style="list-style-type: none"> <li>• Support during the day</li> <li>• ‘Thank you’ email/ card/ certificate</li> <li>• Signpost to other volunteering roles.</li> </ul>	<ul style="list-style-type: none"> <li>• Support during the day</li> <li>• ‘Thank you’ email/ card/ certificate</li> <li>• Signpost to other volunteering roles.</li> </ul>	<ul style="list-style-type: none"> <li>• Ongoing support if needed – person dependent</li> <li>• Access to join Mencap online training workshops</li> </ul>	<ul style="list-style-type: none"> <li>• Ongoing support if needed – person dependent</li> <li>• Access to join Mencap online training workshops</li> <li>• Regular catch ups</li> </ul>	<ul style="list-style-type: none"> <li>• Ongoing support if needed – person dependent</li> <li>• Access to join Mencap online training workshops</li> <li>• Regular catch ups</li> </ul>